

# RULES & REGULATIONS - CO-ED

## GENERAL RULES

- Keep the gym clean. No food or drinks are allowed in the gym at any time!
- No trash talking. If you are heard talking trash and/or cussing, you will be dismissed. Sorry - we want to keep it clean! Obviously, no fighting either.

## TEAM RESPONSIBILITIES

- Every team is responsible for keeping track of their own score and fouls. After each basket, say the score. After each foul, say the number of fouls.
- After each game, both teams should verify the correct scores are reported.

## TO WIN THE GAME

- Each game is played up to fifteen (15) points. If neither team has fifteen (15) points after about twenty (20) minutes, the team with more points will be the winner. We will give a 2 minute warning.
- Playoff teams and ranks will be determined by win/loss records. If there is a tie, it will be determined by who won the "regular season" (pre-playoff) game. If the teams did not play, the team with the larger margin of victory for all games (won and lost) will advance. If there is a tie, team with the most total points advances. If there is still a tie, team with the least points given up advances. If there is still a tie, there will be a tie breaking game up to three (3) points. Winner advances.

## TO START THE GAME

- Do paper, rocks, scissors. Winner shoots from the top of the key. If it goes in, it's their ball. If not, the other team gets the ball.

## DURING THE GAME

- Girls' baskets count as two (2). Guys' count as one (1).
- For games using the three point line, shots behind the arc count as two (2) points (3 for girls). Shots must be taken BEHIND the arc without any part of either shoe touching the arc. If a shot goes up and a foot is on the line, the defender must point this out BEFORE the shot goes in. Yell, "Line!" Note - If there is a three point line on your court, it is to be used.
- A horn may blow at about 15 minutes. Only shots already in the air will be counted.
- Losers take the ball out after each made basket. Check the ball. Say the score out loud to make sure everyone agrees.
- At the start of each possession (fouls, turnovers, violations, etc.) the ball is to be taken out at the top of the key.
- Clear to the three point line on ALL change of possessions.
- Substitutions are only to be made when there is a dead ball.
- Call your own fouls. No calling ticky-tack stuff. We're here to have fun.
- If there is a disagreement, do paper, rock, scissors. Winner shoots from the top of the key. If it goes in, he/she wins the argument. If not, he/she loses. Case closed.
- Only eight (8) fouls are allowed per team per game. Every foul after that will result in a free throw for the person fouled. If he makes the shot, it counts as a point (2 for girls) and the ball goes to the other team. If he misses, it is a live ball.
- Only girls can guard girls. Girls can guard guys but guys cannot guard girls. Guys can steal passes to and from girls but cannot block girls' shots or steal their dribbles. If they do, there will be a warning. Only one warning will be given out per team for the day. After the warning, a point will be awarded to the team on offense.
- There are to be no more than one guy on the court at a time. There can be three girls but one girl has to be designated as the "guy" so that the opposing guy has someone to guard.